

### Application form Permanent accommodation & care





### Introduction

### Thank you for your interest in considering Southern Cross Care (Tas.) Inc. as your new home.

Southern Cross Care (Tas.) Inc. is dedicated to partnering with each individual who chooses to make one of our homes their home, and delivering high-quality care in a positive and supportive environment. We encourage you to ask as many questions as you like throughout your application process.

To ensure your application reflects your care needs, preferences and accommodation requirements as accurately as possible, please complete as much of this form as you can to the best of your ability.



### Need help filling out this form?

Please phone us on (03) 6146 1800 OR email enquiries@scctas.org.au

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### Step-by-step guide to your application

To assist with the timely processing of your application please ensure that all sections of this application are completed to the best of your ability.

### Step 1. Southern Cross Care Residential Homes and Locations

If you only wish to apply for one Home, please just tick that box. If you wish to apply for more than one home please indicate your preferences with 1, 2, 3, etc in those boxes.

### Step 2. Time Frame for Residential Care Placement

Please indicate the likely time-frame you are seeking for your residential care placement.

### **Step 3**. Your Personal Information

Completing this section will assist us with getting to know more about you and your family/representatives.

### **Step 4.** Your Pension and Medicare Information

Completing Sections 4 and 5 will assist us with determining your financial status so that we can provide you with draft fees and costs and answer any queries or concerns you may have.

### **Step 5.** Your Assets and Income Information

Completing Sections 4 and 5 will assist us with determining your financial status so that we can provide you with draft fees and costs and answer any queries or concerns you may have.

### Step 6. Your Health Information

Completing this section will assist us with offering you placement at a Southern Cross Care Residential Home that reflects your care needs.

### Step 7. Your Wellness & Lifestyle Information

Completing this section will help us get to know you, what you enjoy and the things that are most important to you.

### **Accompanying documents**

| doc | cuments/information to assist with this application.  |
|-----|---|
|     | A copy of your Aged Care Assessment (ACAT) which can also be referred to as an Aged Care Client Record (ACCR) or a Support Plan |
|     | OR  |
|     | Referral Code for Permanent Residential Code (refer to Section 3 of the Application)  |
|     | Copies of Power of Attorney and/or Guardianship approvals (if applicable)   |
|     | Copy of Centrelink Aged Care Fees Letter and Assets and Income Summary (if received from Department of Human Services)          |

Please ensure that you have, or you are in the process of obtaining the following

### **Declaration**

Please ensure you understand the information provided and have completed all sections of this application to the best of your ability.

If you need assistance to complete this application please phone (03) 6146 1800 or email enquiries@scctas.org.au

### **Step 1.** Southern Cross Care Residential Homes and Locations

| To assist our assessment process please indicate the type of accommodation and care you are seeking: |   |   |  |  |
|--|---|---|--|--|
| General Mem  | ory Supported Living  |   |  |  |
| locations. If you only with to app   | ence your preferred Southern Cro<br>ly for one home, please just tick t<br>ease indicate your preferences wit | hat box. If you wish to                       |  |  |
|  |   |   |  |  |
| <b>Ainslie Low Head</b> Low Head, West Tamar north of Launceston                                     | <b>Fairway Rise</b><br>Rosny Park, Hobart   | <b>Glenara Lakes</b><br>Youngtown, Launceston |  |  |
|  |   |   |  |  |
| <b>Guilford Young Grove</b><br>Lower Sandy Bay, Hobart   | Mount Esk St Leonards, Launceston   | <b>Rivulet</b> South Hobart                   |  |  |
|  |   |   |  |  |
| Rosary Gardens<br>New Town, Hobart   | Sandown Village<br>Lower Sandy Bay,<br>Hobart   | <b>Yaraandoo</b> Somerset, North-West Coast   |  |  |

### **Step 2.** Time Frame for Your Move to Residential Care

| Please indicate the likely time-frame you are seeking for residential care placement: |                            |  |  |
|---|----------------------------|--|--|
|   | Urgent/as soon as possible |  |  |
|   | Within three months        |  |  |
|   | Three – six months         |  |  |
|   | Six months and over        |  |  |



### If your circumstances change

Please contact Southern Cross Care on (03) 6146 1800 to update your preferred time frame for placement.

### Step 3. Personal Information

Completing this section will assist us with getting to know more about you and your family/representatives.

| 3.1 Your Personal Details:   |  |
|--|--|
| Title:  Mr Mrs Miss Ms Other:  |  |
| First Name:  |  |
| Middle Name:   |  |
| Last Name:   |  |
| Date of Birth: / /   |  |
| Gender:  |  |
| 3.2 Marital Status:  |  |
| Married (Registered or defacto)  Divorced  Never Married   |  |
| Separated Widowed  |  |
| Name of spouse/partner (if applicable):  |  |
| Are you and your spouse/partner applying jointly for Southern Cross Care Residential Care?  Yes No N/A |  |
| If <b>YES</b> , you will each need to complete your own Southern Cross Care Application Form.          |  |
| 3.3 Your Cultural Information:   |  |
| Country of Birth:  |  |
| Indigenous status (tick <b>all</b> that apply):  |  |
| ☐ Unknown ☐ Aboriginal ☐ Torres Strait Islander ☐ Neither  |  |
| Languages Spoken:  |  |
| Interpreter required: Yes No   |  |

| 3.4 Your Current Location   |  |
|---|--|
| Private Residence:  |  |
| Other Residence (eg with family):   |  |
|   |  |
| Hospital (please specify):  |  |
| Non-Southern Cross Care residential care  | home (please specify):   |
| Date of Admission to non-Southern Cross Care  | residential care home: / /   |
| Respite (please specify):   |  |
| Date of Admission for Respite: /  | /  |
| 3.5 Your Contact Information  |  |
| Home phone (including area code):   |  |
| Mobile:   |  |
| Email:  |  |
| Address Street:   | Suburb:  |
| State:  | Postcode:  |
| 3.6 Your Nominated Representative   |  |
| Please provide details of your (the applicant's) r<br>Care can contact, regarding this application or<br>Cross Care residential home. | nominated representative/s who Southern Cross about your care after you enter a Southern |
| Nominated Representative (Primary Contact)  |  |
| Name:   |  |
| Relationship:   |  |
| Daytime Phone:  | Mobile Phone:  |
| Email:  |  |
| Address Street:   | Suburb:  |
| State:  | Postcode:  |
| Type of Authority: Nil Enduring P   | ower of Attorney    Enduring Guardianship  |

### **Nominated Representative (Secondary Contact)**

| Name:                 |                              |                       |
|-----------------------|------------------------------|-----------------------|
| Relationship:         |                              |                       |
| Daytime Phone:        | Mobile Phone:                |                       |
| Email:                |                              |                       |
| Address Street:       | Suburb:                      |                       |
| State:                | Postcode:                    |                       |
| Type of Authority: Ni | l Enduring Power of Attorney | Enduring Guardianship |

### 3.7 Nominated Family Spokesperson

In the event where we need to communicate an event quickly with your family and loved ones, or that may result in a high volume of incoming phone calls to the home's reception (e.g. COVID-19, evacuation, lockdown), the dedicated Family Spokesperson Protocol will be enacted. The roll of the Family Spokesperson is to be our single point of contact for updates about the situation or to receive news on your care and they will be responsible for sharing that information outward to other family members and loved ones.

Each applicant is to nominate a dedicated Family Spokesperson prior to moving into a Southern Cross Care Home. Should a situation/event arise, Southern Cross Care will contact the Family Spokesperson to set up a mutually agreed schedule of communications where our team will provide an update on the situation. The Family Spokesperson is then responsible for communicating updates about the event/incident at the home, to the rest of their family, friends and loved ones. The reason we do this is to avoid congested phone lines and to ensure no family misses out on regular updates due to a high level of incoming phone calls. If we are unable to reach the Family Spokesperson for some reason at the scheduled time, we will leave a message, text, or email them to let them know when we will call back again.

If our residents have their own mobile device or personal landline, they can of course communicate with family as they choose, the Family Spokesperson's role is to receive and share information they would normally receive from our team members.

## Name: Relationship: Daytime Phone: Email: Address Street: Suburb: State: Postcode: The applicant must ensure that the nominated Family Spokesperson understands their responsibility to disseminate information to the extended family and friends. The nominated person above understands their responsibility as Family Spokesperson.

**Nominated Family Spokespeson:** 

### Step 4. Pension and Medicare Information

Completing Sections 4 and 5 will assist us with determining your financial status so that we can provide you with draft fees and costs and answer any queries or concerns you may have.

| 4.1 Your Pension Det         | ails          |                  |           |     |  |
|------------------------------|---------------|------------------|-----------|-----|--|
| Australian Pension:          | Yes           | ☐ No             |           |     |  |
| Type of Pension:             | Full          | Part             | Aged      | DVA |  |
| Pension Card No:             |               |                  |           |     |  |
| DVA Card No:                 |               |                  |           |     |  |
| DVA Card Colour:             |               |                  |           |     |  |
| Non-Australian Pension:      | Yes           | ☐ No             |           |     |  |
| Type of Pension:             |               |                  |           |     |  |
| 4.2 Your Medicare De         | etails        |                  |           |     |  |
| Medicare Card:               | Yes           | No               |           |     |  |
| Medicare Card No:            |               |                  |           |     |  |
| Please include number on     | Medicare card | d in front of yo | our name: |     |  |
| Please include valid to date | e e.g 06/2022 | :                |           | /   |  |

### **Step 5.** Assets and Income Information

Completing Steps 4 and 5 will assist us with determining your financial status so that we can provide you with draft fees and costs and answer any queries or concerns you may have.

| <b>5.1</b> | Princip                         | pal Home Information   |
|------------|---------------------------------|--|
| Do         | you own                         | your home?   |
|            | No                              | If NO, please go to and complete <b>5.3</b>  |
|            | Yes                             | If YES, please complete rest of <b>5</b>   |
| 7          |                                 | lone or do any of the following reside with you and will continue to live in the ne after you enter a residential home?  |
|            | Live alor                       | ne   |
|            | Live with                       | n spouse/partner   |
|            | Depend                          | ent child  |
|            | Carer (fo                       | or more than 2 years)  |
|            | Immedia                         | ate family (for more than 5 years)   |
|            | any of the<br>arer Allow<br>Yes | e above eligible for an assessable pension/income support (does not include rance)  No   |
| 1          | f someon                        | alone please go to <b>5.2</b> and complete your home financial information.  e resides with you and will continue to live in the home and is eligible for pension/ apport you do NOT need to complete <b>5.2</b> please go direct to and complete <b>5.3</b> . |
| 5.2        | Princip                         | oal Home Financial Information   |
| Esti       | mation of                       | Value of your principal home:  |
| Tota       | al Value \$                     |  |
| Less       | Mortgag                         | e \$:  |
| Less       | Deferred                        | Management Fees if in Retirement Living \$:  |
| Less       | estimate                        | ed selling costs \$:   |
| Estii      | mated Ne                        | t Value \$:  |

| 5.3 Assessable Assets and Income                                       |
|--|
| Individual: single Couple: combined (please tick whichever applicable) |
| Other Assessable Assets  |
| Bank Accounts/ Credit Unions/Building Services\$                       |
| Term deposits, bonds \$  |
| Shares \$  |
| Managed Investments (e.g investment trusts) \$                         |
| Superannuation/Allocated Pension Balance \$                            |
| Other Real Estate (do not include the family home) \$                  |
| Loans to Other Parties \$  |
| Gifts >\$10,000 in the last year or >\$30,000 in the last 5 years \$   |
| Home contents (not to replace) \$                                      |
| Motor Vehicles/Boat/Caravan \$   |
| Any other assets (please specify) \$                                   |
| Total of Other Assessable Assets \$                                    |
| Income (per fortnight)   |
| Australian Government Pension (Aged/DVA) \$                            |
| Non-Australian Pension \$  |
| Superannuation \$  |
| Property Income (net) \$   |
| Other income \$  |
| Total of Assessable Income \$  |

# 5.4 Lodgement of Centrelink Assets and Income Assessment Have you lodged a Centrelink Income and Assets Assessment? (SA485-1907/SA457-1907) Yes No Date of Lodgement: / / If YES, have you received the 'Residential aged care fees' letter from Centrelink? Yes No If YES, please attach a copy of the Fees Letter and the Assets Summary Statement If NO, are you intending to lodge a Centrelink Income and Assets Assessment? Yes Proposed Date of lodgement: / / No Please note If you do not intend lodging a Centrelink Income and Assets Assessment you will be liable to pay the maximum means tested care fee on admission regardless of your financial status.

### Step 6. Your Health Information

Completing this section will assist us with offering you placement at a Southern Cross Care Residential Home that reflects your care needs.

| 6.1 Aged Care Assessment (ACAT):  |
|---|
| An ACAT assessment can also be called an Aged Care Client Record (ACCR) or a Support Plan.  |
| Have you had an ACAT Assessment?:   |
| Date of ACAT Assessment: / /  |
| Do you have a copy of the Assessment?   |
| Yes No (if YES, please include a copy with your application)  |
| Referral Code  If you do NOT have a copy of the ACAT please provide the referral code for PERMANENT RESIDENTIAL APPROVAL. This code starts with the number 1 – followed by 11 numbers. e.g. 1-2345678905                                  |
| Referral Code Number:   |
| 6.2 Your current health status  |
| Whilst the ACAT does provide health and medical information if there have been changes to your health and wellbeing, then completing this section will further assist us in ensuring an offer of placement that reflects your care needs. |
| Have you had any new medical diagnoses since your ACAT Assessment?  Yes No  |
| If YES, please record any new medical diagnoses:  |
|   |
|   |
|   |
|   |
|   |

### No change in nutrition needs Any changes (please tick) **Details of Changes** Change of diet (e.g soft/pureed) Has thickened drinks Independent with eating/drinking Needs supervision with eating/drinking Needs assistance with eating/drinking Uses eating/drinking aids Specific diet (eg diabetic, low fibre) Uses a gastric (PEG) tube Other (specify) **Personal Hygiene** No change in personal hygiene Any changes (please tick) **Details of Changes** Washing/showering Dressing/grooming Independent with personal hygiene Needs supervision with personal hygiene Needs assistance with personal hygiene

Other (specify)

**Food and Refreshments** 

|     | No change in continence   |                    |  |
|-----|---|--------------------|--|
| An  | y changes (please tick)   | Details of Changes |  |
|     | Urinary incontinence  |                    |  |
|     | Bowel incontinence  |                    |  |
|     | Uses continence aids/pads   |                    |  |
|     | Independent with toileting  |                    |  |
|     | Needs supervision with toileting  |                    |  |
|     | Needs assistance with toileting   |                    |  |
|     | Has long-term catheter  |                    |  |
|     | Other (specify)   |                    |  |
|     |   |                    |  |
| Mol | <b>Dility</b> No change in mobility   |                    |  |
|     |   | Details of Changes |  |
|     | No change in mobility   | Details of Changes |  |
|     | No change in mobility  y changes (please tick)  | Details of Changes |  |
|     | No change in mobility  y changes (please tick)  Full mobility   | Details of Changes |  |
|     | No change in mobility  y changes (please tick)  Full mobility  Walks with aids (cane, frame)  | Details of Changes |  |
|     | No change in mobility  y changes (please tick)  Full mobility  Walks with aids (cane, frame)  Uses a wheelchair                                       | Details of Changes |  |
|     | No change in mobility  y changes (please tick)  Full mobility  Walks with aids (cane, frame)  Uses a wheelchair  Bedridden                            | Details of Changes |  |
|     | No change in mobility  y changes (please tick)  Full mobility  Walks with aids (cane, frame)  Uses a wheelchair  Bedridden  Independent but very slow | Details of Changes |  |

Continence

| Falls risk |   |                    |  |
|------------|---|--------------------|--|
|            | No change in fall risk  |                    |  |
| An         | y changes (please tick)   | Details of Changes |  |
|            | History of past falls/injuries  |                    |  |
|            | Any recent falls/injuries   |                    |  |
|            | Frequency of falls  |                    |  |
|            | Other (specify)   |                    |  |
|            |   |                    |  |
| Cog        | Inition and Behaviours  |                    |  |
|            |   |                    |  |
|            | No change in cognition or behaviours  |                    |  |
| An         | No change in cognition or behaviours y changes (please tick)  | Details of Changes |  |
| An         |   | Details of Changes |  |
| An         | y changes (please tick)   | Details of Changes |  |
| An         | y changes (please tick)  Short-term memory problems   | Details of Changes |  |
| An         | y changes (please tick)  Short-term memory problems  Long-term memory problems  | Details of Changes |  |
| An         | y changes (please tick)  Short-term memory problems  Long-term memory problems  Verbal aggressive behaviours  | Details of Changes |  |
| An         | y changes (please tick)  Short-term memory problems  Long-term memory problems  Verbal aggressive behaviours  Physical aggressive behaviours            | Details of Changes |  |
| An         | y changes (please tick)  Short-term memory problems  Long-term memory problems  Verbal aggressive behaviours  Physical aggressive behaviours  Confusion | Details of Changes |  |

| No change in mental health   |                    |
|--|--------------------|
| Any changes (please tick)  | Details of Changes |
| Anxiety  |                    |
| Depression   |                    |
| Delirium   |                    |
| Paranoia   |                    |
| Other (specify)  |                    |
| Medication Management  No change in medication Management                            |                    |
| Any changes (please tick)  | Details of Changes |
| Independent with taking own medication   |                    |
| Needs supervision  |                    |
| Needs full assistance  |                    |
| Needs medication to be crushed   |                    |
| Resistant/refuses to take medication   |                    |
| Is on daily injections   |                    |
| Is on periodic injections  |                    |
| Other (specify)  |                    |
| Any other specific care/clinical needs or one of the specific care needs or concerns | concerns           |
|  |                    |

Mental health

### Step 7. Your Wellness & Lifestyle Information

This section is for you to let us know about what you like to do to enjoy yourself and relax. It's to help us get to know you a bit better and to help us consider what Leisure and Lifestyle activities you might prefer.

| Do you like: (please tick)   | Feel free to add details or other options |
|--|---|
| Outside activities; gardening, bird watching, walks                                |   |
| Socialising with others, social clubs, special interest clubs                      |   |
| Day trips, short excursions  |   |
| Reading and writing, alone or with others  |   |
| Music and/or dancing   |   |
| Gentle exercise, seated yoga, pilates, resistance training                         |   |
| Art, either enjoying discussing or partaking                                       |   |
| Food, cooking, drinking or just trying new dishes                                  |   |
| Please add any other special interest hobbies, or preferences that you enjoy doing |   |

### Offer of Placement

### If an offer is made for placement:

- we will contact you to view the available accommodation and request you attend the home within 24 hours
- if placement is accepted admission will generally need to occur within 48-72 hours from time of offer.

| Do you have any other information that you would like to provide, at this time, with your application? |  |  |  |
|--|--|--|--|
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### **Declaration**

| (Full name of person making the declaration)  |  |   |  |              |
|---|--|---|--|--------------|
| Relationship to Applicant:  | Date:  | /                                       | /  |              |
| Please read and acknowledge the below  By checking this box, I sincerely declare the to the best of my knowledge. It is in no was be false, inaccurate or misleading. I agree to result of information provided in this form charges from the Applicant's date of entry Home. | at all of the informatic<br>y false, inaccurate or i<br>hat if incorrect fees o<br>then Southern Cross ( | misleading<br>r charges a<br>Care may l | , or intende<br>are levied as<br>evy the cor | ed to<br>s a |

### **Next steps**

**Once completed** 

Thank you for completing the application for waitlisting for Southern Cross Care Residential accommodation and care.

Please email other necessary documents to **enquiries@scctas.org.au** 

We will proceed with waitlisting and acknowledge this in writing to you within 3-4 business days and include draft financial information and a copy of the Resident Agreement.

### Privacy of your personal information held by Southern Cross Care

The information collected on this form will only be:

- used in connection with your application for residential care placement
- be accessed by Southern Cross Care staff to the extent necessary to perform their duties and will not be released to a third party without your consent.

If you do not proceed to admission to a Southern Cross Care Residential Care Home all documents will be securely disposed of.

A complete Southern Cross Care Privacy Statement is available on request.



scctas.org.au