

Supporting your wellbeing and independence at home and in the community



Why choose Southern Cross Care?

Southern Cross Care Tasmania Group (Southern Cross Care (Tas) Inc.) is a not-for-profit organisation. We are Tasmania's largest aged care service provider network. Our staff are highly trained, and are dedicated to their role in providing high-quality care and support to Tasmanians.

Our values are **integrity**, **respect** and **compassion**, and our goal is to make sure these values are reflected in everything we do.

We are here to support you.

To support your health, your wellbeing, your lifestyle and your independence at home and in the community.

Contact us today, visit www.scctas.org.au



Southern Cross Care
(Tas.) Inc.



Welcome to Southern Cross Care Tasmania Home & Community Services

Our **Home & Community Services** assist you with your daily living activities to maintain your independence and ability to live at home, and to help you remain connected to your community.

We make this possible through individually planned and coordinated Home & Community Services packages.

We work as a team; you and your family together with Southern Cross Care staff and any other relevant person you wish to include.

The Process

The process of accessing a Home & Community Services package can be simple if you follow these steps:

1. Check your eligibility
2. Find the right package for you
3. Work out the costs
4. Accept a Package
5. Begin your Home & Community Services

The assessment and services planning process focuses on optimising health and well-being in accordance with your assessed care needs, goals and preferences. Your Support Coordinator will help you understand what care or services you can charge to the package and to help you decide which services are right for you. During the services planning process, your Support Coordinator will also consider any assistance you already have in place, such as carers, family members, local community, and other services.

Each person is unique with different goals and aspirations

Finding the right support at the right time can be confusing and daunting.

Our experienced Support Team will help you to review the many options you have and guide you on your journey to remain independent and connected to the things that you value most.

Southern Cross Care delivers Home & Community Services packages under the Consumer Directed Care model. This model recognises that each person is unique. It offers self-selected, flexible, and personalised support where and when you need it.

Services can include



Personal care



domestic assistance



transport



gardening



specialist nursing services



day respite



podiatry



exercise



shopping



meal prep



social outings



physiotherapy