



Southern Cross Care (Tas) Inc.  
Caring across Tasmania

## Southern Cross Care Caring across Tasmania

Southern Cross Care Tasmania is proud of our track record of over 45 years as a leading provider of aged care accommodation and services across Tasmania. With nine residential aged care facilities and thirteen retirement villages across the state including home care services we currently provide assistance to over 2000 people. Employing approximately 1300 staff we provide care, support and compassion to those in need.



### Sandown Apartments Residential Aged Care

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Information correct as at April 2019



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## SANDOWN APARTMENTS Residential Aged Care



## Welcome to Sandown Apartments

Situated in the leafy bay-side of Sandy Bay is Sandown Apartments, the winner of several national awards for excellence in care, as well as architectural design.

This premier location is a short walk to the beach and a thriving shopping centre, with a variety of restaurants also close by.

Resident rooms are generously proportioned with en-suite bathrooms and kitchenettes.

Several comfortable sitting rooms are available for individual activities and family gatherings. Each room provides for a different experience and is available for socialising or private dining.

## Community and Lifestyle

The Sandown Wellness Centre, facilitated by a Registered Nurse, is designed to assist with physical and emotional well-being of residents.

A range of therapies are offered to ease the mind, body and soul in a friendly and aesthetically pleasing environment.

The main lounge room boasts a grand piano, and breathtaking views of the Derwent River.

Secure gardens ensure maximum privacy and quietness. With level paved areas, comfortable garden furniture and beautifully decorated raised garden beds, they are a favourite place for many residents.

A close partnership has been formed with a nearby school which results in meaningful activities and friendships between residents and students. There are also close links between the independent living residents and the Residential Care Facility, with a community centre for the use of all residents located on-site.

There is a comprehensive activity program, delivered by the Leisure and Lifestyle team and supported by the generosity of volunteers.

Activities, events and functions are designed to be both interactive and/ or relaxing for residents.



### Key features:

- Café style main dining room
- Wellness Centre with hydrotherapy pool/spa
- Allied health services such as physiotherapy and podiatry
- Respite rooms
- Comfortable sitting rooms
- Well-stocked and managed library
- Private dining room
- Kiosk trolley
- Internet café with complimentary on-site technical support
- Multi-denominational Chapel
- Visiting hairdresser and beautician.

