



Southern Cross Care (Tas) Inc.  
Caring across Tasmania

## Southern Cross Care Caring across Tasmania

Southern Cross Care Tasmania is proud of our track record of over 45 years as a leading provider of aged care accommodation and services across Tasmania. With nine residential aged care facilities and thirteen retirement villages across the state including home care services we currently provide assistance to over 2000 people. Employing approximately 1300 staff we provide care, support and compassion to those in need.



### Mount Esk Residential Aged Care

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**MOUNT ESK**  
Residential Aged Care



## Welcome to Mount Esk

Situated in the semi-rural suburb of St Leonards, Mount Esk is a gracious facility providing exceptional care to residents. Offering an attractive, sunny position within a country setting featuring large gardens and walking paths, Mount Esk is also conveniently located close to shops and transport. Views of the countryside with its mixed array of animals from cows to alpacas means there is always an interesting vista. This is complemented by the welcome from our aviary of well-loved birds.

With a variety of accommodation options to choose from (all with en-suites), Mount Esk delivers on its values and ethos of providing a traditional yet gentle, personal and caring approach to residents.

Couples with differing care needs can be accommodated at Mount Esk and 'ageing in place' means that security of tenure at the same facility is supported as care needs change.



## Community and Lifestyle

Our deck adds an open air space for residents to enjoy the sunshine and country views. Barbeques are held in this area on sunny days and pets are welcome to join in on the fun.

Visiting podiatrists and physiotherapists are available and the regular hairdresser is a valued part of the team.

The dedicated Leisure and Lifestyle team assist in

meeting the social and leisure aspects of the residents' lives by providing them with the opportunity to enjoy a range of activities, functions and outings.

There is a close involvement with the adjacent Larmenier school through organised visits and concerts, as well as visits at special times of the year.

## Key features:

- Multiple, spacious and comfortable lounge areas
- Dining rooms
- Newly renovated facility
- Multi-denominational Chapel
- Outdoor deck with BBQ area
- Mobile kiosk
- Large function area
- Many smaller lounges for more personable get togethers
- A large activity area with a stage
- Allied health services such as physiotherapy and podiatry.

