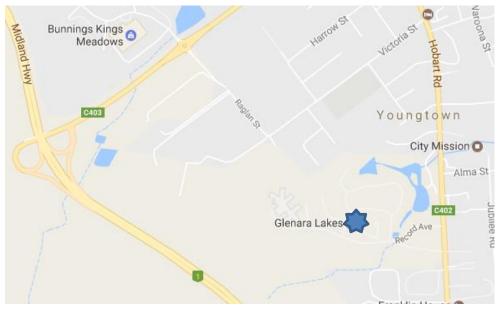


## **Southern Cross Care Caring across Tasmania**

Southern Cross Care Tasmania is proud of our track record of over 40 years as a leading provider of aged care accommodation and services across Tasmania. With nine residential aged care facilities and thirteen retirement villages across the state including home care services we currently provide assistance to over 2000 people. Employing approximately 1300 staff we provide care, support and compassion to those in need.





# **Glenara Lakes Residential Aged Care**

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Caring across Tasmania



#### **Welcome to Glenara Lakes**

Known as Glenara Lakes Apartments, this Residential Aged Care Facility is located in a rural setting on the outskirts of Launceston and is set in picturesque grounds.

In keeping with our philosophy of 'ageing in place', Glenara Lakes offers a variety of accommodation options allowing residents to remain on-site with their changing health needs. In addition to spacious rooms with en-suite and a secure unit, we offer respite rooms for use by the community as short-term care or as a prelude to permanent accommodation.

In recognising there are times when families wish to remain close to a loved one, a family room is available for overnight stays. This room was furnished by the wonderful volunteer auxiliary.





### **Community and Lifestyle**

A wonderful partnership between the Glenara Lakes Retirement Villa and Apartment residents fosters a real community feel. Volunteers from the Village help to provide support, including running the café, a popular amenity providing a social outlet for residents, visitors and staff.

An extensive programme of activities ensures that interests of residents are maintained and new interest formed. Activities include BBQs' bus outings, sing-alongs, visiting entertainers and participation in an intergenerational program with a local high school.

A range of allied health services are provided including podiatry, physiotherapy and speech therapy. A music therapist is also contracted to deliver service for residents.

Enjoying the luxury of the hairdressing salon of the hairdressing salon is as simple as making an appointment. Parking for visitors is easy and unlimited visiting hours ensure that friends and relatives relate easily with the family ethos of Glenara Lakes.

### **Key features:**

- Dining room with mountain views and access to fragrant garden
- Lounge with fireplace and garden access
- Swimming pool
- Library with computer kiosk
- Dining room catering for dietary needs

- · Multi-denominational Chapel
- · Café and BBQ area
- Bus to take residents shopping and on outings
- Overnight accommodation for family
- Private areas for quiet gatherings
- Hairdresser and visiting beautician.









